

Clayton Cates, RD, LDN

Online portfolio with work samples: <http://www.claytoncates.com>

Dietetic Experience: **Charlotte Hall Veteran's Home (Long Term Care, November 2009 - Present)** – Responsible for all aspects of nutrition care of 140 long term care residents including charting and online federal MDS charting. Work closely with interdisciplinary team of nurses, residents, physicians and dietary personal in individual care plan implementation and monitoring.

Prince George's County Sports and Learning Complex (Part time Nutritionist, October 2009 – February 2010) – Responsible for one-on-one nutrition counseling, food seminars, demonstrations and educational classes. Selected as the nutrition expert and consultant for both Fitness Center staff as well as members. Performed nutrition screenings providing age specific (adolescents, adults and seniors) and disease-specific guidance. Co-wrote online monthly newsletter featuring nutrition advice, recipes and exercise tips.

Professional Preparation: **University of Maryland College Park Dietetic Internship (August 2008 – June 2009)**
Major Accomplishments:

Clinical Skills - Enhanced assessment skills via community hospital gastroenterology, oncology, and enteral/parenteral nutrition support rotations with advanced medical center rotations at Baltimore VA Medical Center. Major case study addressed "Clinical Implications of 'Near Total' Esophagectomy with Subtotal Gastrectomy". Proficient in nutrition care process diagnostic statement, monitoring and intervention. Attained experience in two forms of electronic charting (VA) and community hospital.

Presentation Skills – Abstract/ poster selected for presentation at the 2009 Maryland Dietetic Association and District of Columbia Metropolitan Area Dietetic Association spring meetings.

Technology Skills – Designed, uploaded and maintain an online website demonstrating clinical and web development skills. Demonstrated proficiency in web-conferencing and online presentation software. Developed and provided presentations in a variety of community settings.

Wellness/Outpatient –Enhanced skills in outpatient client education in diabetes and obesity.

Malcolm Grow Medical Center Nutrition Clinic Externship (Summer 2007) – Served as an American Red Cross Volunteer. Collaborated with diet therapists in outpatient counseling classes for diabetes, obesity, and weight management. Assisted in client diet therapy, education, and advice.

Non-Dietetic Experience: **Medical Services Journeyman, United States Air Force (September 1999 - August 2003)** – Malcolm Grow Medical Center, Andrews AFB, MD. Maintained General Surgery Clinic (*January 2003 to August 2003*). Duties included: assisting in diagnostic tests and prepping patients for minor surgery. Staffed twenty-bed, post-surgical ward (*April 2000 to September 2002*). EMT and CPR certified. Duties included: venipunctures, monitoring vital signs, recording patient fluid status and supervising other technicians.

Education: **B. S., Human Nutrition and Dietetics, Southern Illinois University Carbondale (Spring 2008)**

Certifications: **ServSafe Certified (December 2008 – December 2013)**