

Electronic

Portfolio: <http://www.claytoncates.com>

Professional Preparation: **University of Maryland Dietetic Internship (August 2008 – June 2009)**
Major Accomplishments:

Clinical - Enhanced clinical assessment and counseling skills with emphasis on diabetes self-management and achieving compliance with disease-specific diets. Provided total nutrition management of eight patients per day during staff relief. Mastered electronic charting.

Wellness/Outpatient – Instructed outpatient clients on how to eat a healthier, well balanced diet at Baltimore VA Medical Center. Outpatient education focused on management of diabetes, obesity, alcoholism, and pancreatitis. Mastered second type of electronic charting.

Presentation Skills – Selected for abstract presentation at Maryland Dietetic Association and District of Columbia Metropolitan Area Dietetic Association spring meetings. Demonstrated competency in web-conferencing and online presentation software. Developed and provided presentations in a variety of community settings.

Malcolm Grow Medical Center Nutrition Clinic Externship (Summer 2007) – Served as an American Red Cross Volunteer, created training plan for diet therapists. Collaborated with diet therapists in outpatient counseling classes in diabetes, obesity, and weight management. Conducted outpatient appointments to include: diet therapy, education, and advice.

Experience: **Office Assistant** – Coal Research Center Southern Illinois University Carbondale (SIUC), Spring 2004 to Spring 2008. Provided administrative support to faculty and staff, preparing special projects, manuscripts, grant proposals, and data compilation.

Medical Services Journeyman, United States Air Force (September 1999 to August 2003) – Malcolm Grow Medical Center, Andrews AFB, MD. Maintained General Surgery Clinic (*January 2003 to August 2003*). Duties included: suturing, supporting Electrocardiogram, Flex-Sig, C-scopes, and prepping patients for minor surgery. Staffed twenty-bed, post-surgical ward (*April 2000 to September 2002*). EMT and CPR certified. Duties included: venipunctures, monitoring IVAC infusion pumps, monitoring vital signs, physical therapy, recording patient fluid status and supervising other technicians.

Additional Experience: As the Vice President of the SIUC weight lifting club - planned, organized and coordinated The 2008 Mr & Ms SIUC Bodybuilding Championship. Organized annual event for 19 competitors and an estimated 300 spectators. Responsible for event income and expenditures, logistics and overseeing staff and volunteers.

Education: Bachelor of Science in Human Nutrition & Dietetics May 2008
Southern Illinois University Carbondale

Activities: American Dietetic Association member, Maryland Dietetic Association member